

KALA-CONNECT

Newsletter by KalaGram, Society for Fine Art Initiatives in Gurugram



Salute our Heroes – A musical tribute to Frontline Warriors

On 3rd July 2021, KalaGram, in association with the District Administration of Gurugram, MCG and Ragaaz Studios, organised an Online Music Show titled 'Salute Our Heroes' to pay tribute to our Frontline Warriors who have been working relentlessly during the pandemic. We hosted young talents Biren Dang (Winner of Haryana Garima Award and TV reality shows such as Taare Zameen Par and Singing Superstar) and Roshni Mehar (Professional classical singer and YouTube artist) during the show for an enchanting musical experience. The show was live for an hour and was well received. We had audience from across India and the show reached 4.6k people, garnering a total of 1.2k views.



1.2k
Views

4.6k
People reached



Celebrating our Heroes

KalaGram, in collaboration with India Photo Archive Foundation, Museo Camera, District Administration of Gurugram and Municipal Corporation of Gurugram, is holding a special Portrait Photography Contest 'Celebrating our Heroes', which will culminate in a curated print exhibition at Museo Camera, Gurugram. Participants can submit up to five people's portraits. Visit our social media platforms for more information on this.



Celebrating Our Heroe
(An Online Portrait Photography Contest)

Contest Details

- Shoot a portrait of a person around you who has quietly and selflessly provided a service worthy of being recognised and honoured.
- Shoot with any camera you are comfortable with. Send us 1-3 portraits per person and submit photographs of up to 5 people.
- Contest will culminate in a print exhibition at Museo Camera, Gurugram, curated by Aditya Arya and Dinesh Khanna.
- For submissions: Join the 'India Photo Archive' Facebook group & upload through the following album: tinyurl.com/2aaz9xum
- For any queries/clarifications: contact@museocamera.org

Logos for Museo Camera, India Photo Archive Foundation, and KalaGram are also present.

The Relevance of Art in Today's Time

PRESENT

THE RELEVANCE OF ART IN TODAY'S TIME

A SESSION BY
VANI B PAHWA

| Dancer | Movement, Rehab & Medical Fitness Specialist |

LIVE

29 MAY, SATURDAY | 12 PM

PRESENT

DEALING WITH LOSS & THE ROLE OF ART IN HANDLING GRIEF

A SESSION BY
ARCHANA PRASAD

| Life Skills Counsellor |

LIVE

19 JUNE, SATURDAY | 4-5 PM

PRESENT

MINDFUL ART TO COPE WITH STRESS & ANXIETY

A SESSION BY
SHIKHA AGARWAL

| Artist | Art Therapist |

LIVE

Please keep a pen/pencil, paper and some colours handy

12 JUNE, SATURDAY | 4-5 PM

PRESENT

THE PEACE & CALM OF HANDWORK

A SESSION BY
SHALINI MITHAL

| Artist | Founder, Knots and Crosses |

LIVE

Please keep materials required for the session handy

26 JUNE, SATURDAY | 4-5 PM

We held four sessions on the theme "The Relevance of Art in Today's Time" where we brought together artists and life skill trainers to speak about topics that matter during these days. We had a session with Dancer and Movement, Rehab & Medical Fitness Specialist Vani B Pahwa on 'The Relevance of Art in Today's Time', wherein she discussed how Dance, as a form of Art, can help bring moments of joy, connect with the world, and be in touch with one's inner self during this crucial juncture. In the session 'Mindful Art to cope with Stress & Anxiety' with Artist & Art Therapist Shikha Agarwal, we explored the interconnection between visual art and mental well-being. In our session on 'Dealing with Loss & the role of Art in handling grief' with Life Skills Counsellor Archana Prasad, we explored ways and means to deal with loss in a healthy and humane manner. In our final session, 'The Peace & Calm of Handwork' with Artiste Shalini Mithal, we discussed the therapeutic and meditative effect of Handwork and how it can bring comfort and solace in troubled times.